


JUNE 2017 – SENIOR ACTIVITIES

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	FITNESS ROOM HOURS Monday-Friday 8:30am - 8:00pm Saturday-Sunday 12:00pm - 6:00pm			1 Wii Open Bowling 9-11am Zumba Gold 10am Stroke Club 12:30pm Pickleball 1-3pm	2 Drop In Activities Wii Bowling Banquet 11:30am Chair Yoga 12:30pm	3
4	5 Shape-Up 10:30am Sit 'n Knit 11am	6 Line Dance 10am Crochet 11am Rummy 12:30pm Tai Chi 12:30pm Pickleball 1-3pm Wii Open Bowling 1-3pm	7 Shape-Up 10:30am Pinochle 12:30pm Dr. Murphy 1-2pm	8 Wii Open Bowling 9-11am Zumba Gold 10am Stroke Club 12:30pm Computer Tutor 1-3pm Pickleball 1-3pm	9 Drop In Activities Chair Yoga 12:30pm	10
11	12 Shape-Up 10:30am Sit 'n Knit 11am Fun Bingo 1pm	13 Line Dance 10am Crochet 11am Rummy 12:30pm Tai Chi 12:30pm Pickleball 1-3pm Wii Open Bowling 1-3pm	14 American House Tour 9am Shape-Up 10:30am Euchre 12:30pm Group Coloring 1pm	15 Wii Open Bowling 9-11am Zumba Gold 10am Stroke Club 12:30pm Ask a Lawyer 1-3pm Pickleball 1-3pm	16 Drop In Activities Chair Yoga 12:30pm	17
18	19 Shape-Up 10:30am Package Testing 10am-Noon Sit 'n Knit 11am	20 Line Dance 10am Crochet 11am Rummy 12:30pm Tai Chi 12:30pm Pickleball 1-3pm Wii Open Bowling 1-3pm	21 Shape-Up 10:30am Pinochle 12:30pm Root Beer Floats in the Lobby Noon-1:30 pm	22 GREEKTOWN TRIP DEPARTS 9:30am Veteran Services 9am-1pm Wii Open Bowling 9-11am Zumba Gold 10am Stroke Club 12:30pm Computer Tutor 1-3pm Pickleball 1-3pm	23 Drop In Activities Chair Yoga 12:30pm	24
25	26 Shape-Up 10:30am Sit 'n Knit 11am Blood Pressure 12-1pm	27 Line Dance 10am Crochet 11am Rummy 12:30pm Tai Chi 12:30pm Pickleball 1-3pm Wii Open Bowling 1-3pm	28 Shape-Up 10:30am Euchre 12:30pm	29 Wii Open Bowling 9-11am Zumba Gold 10am Red Hat Outing 11:30am Stroke Club 12:30pm Pickleball 1-3pm	30 Drop In Activities Senior Fun Festival Gibraltar Trade Center 9am-1pm Chair Yoga 12:30pm	31

MAY 2017 – SENIOR ACTIVITIES

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	1	2	3	4	5	6
Wii Bowling Week #9	Shape-Up 10:30am Sit 'n Knit 11am	Line Dance 10am Crochet 11am Rummy 12:30pm Tai Chi 12:30pm Pickleball 1-3pm Pizza, Comedy, & Game Night 4-7pm	Shape-Up 10:30am Euchre 12:30pm	Zumba Gold 10am Stroke Club 12:30pm Pickleball 1-3pm	Drop In Activities Chair Yoga 12:30pm	
7	8	9	10	11	12	13
Wii Bowling Week #10	Shape-Up 10:30am Sit 'n Knit 11am Fun Bingo 1pm	TULIP TIME TRIP DEPARTS 6:45am Line Dance 10am Crochet 11am Rummy 12:30pm Tai Chi 12:30pm Pickleball 1-3pm	Shape-Up 10:30am Pinochle 12:30pm	Zumba Gold 10am Stroke Club 12:30pm Computer Tutor 1-3pm Pickleball 1-3pm	Drop In Activities Dr. Farrar 9:30-11am Chair Yoga 12:30pm	
14	15	16	17	18	19	20
Wii Bowling Week #11	Dollar Donut Day 9-11am Shape-Up 10:30am Sit 'n Knit 11am	Line Dance 10am Crochet 11am Rummy 12:30pm Tai Chi 12:30pm Pickleball 1-3pm	Shape-Up 10:30am Euchre 12:30pm	Zumba Gold 10am Stroke Club 12:30pm Ask a Lawyer 1-3pm Pickleball 1-3pm	Drop In Activities	
21	22	23	24	25	26	27
Wii Bowling Week #12	Spring Plant Exchange 9am-1pm Shape-Up 10:30am Sit 'n Knit 11am Blood Pressure 12-1pm Coloring 1pm	Line Dance 10am Crochet 11am Rummy 12:30pm Tai Chi 12:30pm Pickleball 1-3pm	Shape-Up 10:30am Pinochle 12:30pm	Veteran Services 9am-1pm Zumba Gold 10am Gourmet Guild 11:30am Red Hat Tea Party 11:30am Stroke Club 12:30pm Computer Tutor 1-3pm Pickleball 1-3pm	Drop In Activities	
28	29	30	31			
	MEMORIAL DAY  SENIOR CENTER CLOSED	Line Dance 10am Crochet 11am Rummy 12:30pm Tai Chi 12:30pm Pickleball 1-3pm	Shape-Up 10:30am Euchre 12:30pm		FITNESS CENTER HOURS Monday-Friday 8:30am - 8:00pm Saturday-Sunday 12:00pm - 6:00pm	