

DECEMBER 2016 – SENIOR ACTIVITIES

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	FITNESS CENTER HOURS Monday-Friday 8:30am - 8:00pm Saturday-Sunday 12:00pm - 6:00pm			Zumba Gold 10am Stroke Club 12:30pm Pickleball 1-3pm	COMPUTER ROOM CLOSED 9am-3pm Drop In Activities	
4	Shape-Up 10:30am Sit 'n Knit 11am	Line Dance 10am Crochet 11am Rummy 12:30pm Tai Chi 12:30pm Pickleball 1-3pm	Veterans SVC 9am-3pm Shape-Up 10:30am Pinochle 12:30pm	Zumba Gold 10am Red Hat Holiday Party 11:30am Stroke Club 12:30pm Computer Tutor 1-3pm Pickleball 1-3pm	Drop In Activities Senior Marketplace 10am-Noon	
11	Shape-Up 10:30am Costco New Customer Promotion 11am - 1pm Sit 'n Knit 11am Fun Bingo 1pm	Line Dance 10am Crochet 11am Rummy 12:30pm Tai Chi 12:30pm Pickleball 1-3pm	Shape-Up 10:30am Gourmet Guild 11:30am Euchre 12:30pm	Zumba Gold 10am Stroke Club Holiday Party 12:30pm Pickleball 1-3pm		
18	Shape-Up 10:30am Sit 'n Knit 11am Coloring 1pm	Line Dance 10am Crochet 11am Rummy 12:30pm Tai Chi 12:30pm Pickleball 1-3pm	Veterans SVC 9am-3pm Shape-Up 10:30am Cookies, Cocoa, and Carols 12pm Pinochle 12:30pm	Zumba Gold 10am NO Stroke Club NO Pickleball		
25	SENIOR CENTER CLOSED	Dining Senior Style and Fitness Room ONLY				

NOVEMBER 2016 – SENIOR ACTIVITIES

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
		1	2	3	4	5
Wii Bowling Week 7		Line Dance 10am Crochet 11am Rummy 12:30pm NO Tai Chi Pickleball 1-3pm	Veterans SVC 9am-3pm Diabetes Prevention Program Registration 10am Shape-Up 10:30am Euchre 12:30pm	Zumba Gold 10am Stroke Club 12:30pm Pickleball 1-3pm	COMPUTER ROOM CLOSED 9am-3pm Drop In Activities	
6	7	8	9	10	11	12
Wii Bowling Week 8	Shape-Up 10:30am Sit 'n Knit 11am	ELECTION DAY Line Dance 10am Crochet 11am Rummy 12:30pm Tai Chi 12:30pm Pickleball 1-3pm NO LUNCH	Shape-Up 10:30am Pinochle 12:30pm	Firekeepers Trip Departs 9am Zumba Gold 10am Stroke Club 12:30pm Computer Tutor 1-3pm Pickleball 1-3pm	VETERANS DAY Drop In Activities Dr. Farrar 9:30-11:00am NO LUNCH	
13	14	15	16	17	18	19
Wii Bowling Week 9	Shape-Up 10:30am Sit 'n Knit 11am Fun Bingo 1pm	Line Dance 10am Crochet 11am Rummy 12:30pm Tai Chi 12:30pm Pickleball 1-3pm	Veterans SVC 9am-3pm Shape-Up 10:30am Euchre 12:30pm Dr. Murphy 1-2pm	Zumba Gold 10am Stroke Club 12:30pm Red Hat Tea Party 1:00pm Ask a Lawyer 1-3pm Pickleball 1-3pm	COMPUTER ROOM CLOSED 9am-3pm Drop In Activities Gourmet Guild 11:30am	
20	21	22	23	24	25	26
Wii Bowling Week 10	Dollar Doughnut Day 10-11:30am Shape-Up 10:30am Sit 'n Knit 11am	Line Dance 10am Crochet 11am Rummy 12:30pm Tai Chi 12:30pm Pickleball 1-3pm NO LUNCH	Shape-Up 10:30am Pinochle 12:30pm	 SENIOR CENTER CLOSED		
27	28	29	30			
Wii Bowling Week 11	Shape-Up 10:30am Sit 'n Knit 11am Blood Pressure 12-1pm Coloring 1pm	Line Dance 10am Crochet 11am Rummy 12:30pm Tai Chi 12:30pm Pickleball 1-3pm	Shape-Up 10:30am Euchre 12:30pm		FITNESS CENTER HOURS Monday-Friday 8:30am - 8:00pm Saturday-Sunday 12:00pm - 6:00pm	